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U.S. Juniors Shine in Pan-Am Cup Races

Lima, Peru, May 7-8--The Pan-American Racewalking Cup highlighted an upsurge of the sport on this continent with outstanding performances at all distances, and the emergence of many new faces, many of those from countries not previously known for racewalking talent. For the U.S., the biggest story was the performances of juniors Zac Pollinger and Maria Michta. Both responded well to the strong competition with races that underlined the talent they displayed a month earlier in the U.S. Trials.

Michta finished second to Canada's Rachel Lavallee and in the process knocked 12 seconds off her own American record of 48:15, set in those Trials. She went with the lead pack from the start and then picked off a couple of walkers in the final lap to capture the silver medal. She worked hard to catch and then hold off El Salvador's Veronica Colindres, one of the continent's many emerging racewalkers, who finished in 48:06. With Katy Hayes finishing 17th in 53:09 and Lauren Forgues 22nd in 57:43, the U.S. team captured fourth place in this race. Forgues was fighting stomach problems explaining her subpar race.

In the Junior men's race, Pollinger was just 4 seconds off his Trials time as he finished eighth in 44:47. The race was won by Peru's Alex Tapia in 42:11, following disqualifications of a Mexican and a Columbian walker in the final stages. The U.S. team finished fourth with both Jared Swehosky (46:45) and Christopher Diaz (47:33) turning in solid performances after staying near the lead pack in the early stages.

In the men's 20 Km, Ecuador's Rolando Saquipay stamped himself as a worthy successor to the great Jefferson Perez (who did not compete here) as he left the field well back with a 1:19:21 performance. He was closely pursued for much of the race by Columbia's Luis Lopez, another of the new faces, but pulled well clear in the final 3 km to win by more than a minute. Sergio Galdino of Brazil was third, another minute back.

The 25-year-old Saquipay, who comes from the same hometown as Perez, had a previous best of 1:20:47, which he did when finishing 12th in last year's World Cup. He was 17th in the Athens Olympics.

For the U.S. Tim Seaman finished tenth in 1:27:18, but felt out of energy a few laps into the race. By that night, he had a burning throat, exploding head, running nose, and fever so he can be excused for being a few minutes off expectations. John Nunn was 17th in 1:29:44 and Theron Kissinger finished in 1:35:45 as the U.S. team placed fifth.

Cristiana Lopez of El Salvador was surprise winner in the Women's 20 with a brilliant 1:30:35 a minute ahead of Ecuador's Miriam Ramon. Lopez took over at 5 Km and moved steadily away the rest of the race. Following the lead of Jefferson Perez, Ecuador is building a stable of strong walkers, both male and female, and in the junior ranks. Mexico's great veteran Graciela Mendoza was a strong third. For the U.S., Amber Antonia finished eighth in 1:38:42, a 5 second improvement on her Trials effort and her fastest time since

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2002. This despite some stomach problems in the second half of the race. Finishing tenth, Bobbi Jo Chapman was just a few seconds off her personal best with 1:39:47. Unfortunately, both Deb Huberty and Sarah Standley-Gonzalez started picking up red cards early and were out by mid-race, so the U.S. did not finish a team

In the 50, the Mexicans, who have so dominated Pan-Am Cup races through the years, finally asserted themselves in this competition. A late bloomer, 34-year-old Miguel Solis, who had set a personal record of 4:02:05 in the Tijuana Challenge race in March, led a Mexican sweep of the first four places with a 3:54:24 effort. Equally unknown Horacio Nava was second in 3:59:26. For the U.S., Philip Dunn was eighth in 4:18:32. Ray Sharp, age 45, continued his comeback after a 13-year layoff with a 2 minute improvement on his Trials time as he finished twelfth in 4:38:53. As in the Trials, he covered the first half in about 2:10 and then suffered. Ed Parrot, still learning about racewalking in general, let alone the 50, had a great race improving on his Trials performance by about 12 minutes with a 4:45:03 in thirteenth. He came from a lap behind local favorite Ivan Yarango in the final 15 km and won a stirring sprint to the finish, pulling ahead only in the final 30 meters. The U.S. team finished second to Mexico. Dave McGovern walked well through 25 Km (2:18:51), but struggled from there and finally had to call it a day after 40 km.

Women's 20 Km, May 7: 1. Cristina Lopex, El Salvador 1:30:25 (23:14, 45:10, 67:46) 2. Miraim Ramon, Ecuador 1:31:25 ((45:32, 68:21) 3. Graciela Mendoza, Mexico 1:33:04 4. Evelyn Nunez, Guatamala 1:36:18 5. Mabel Oncebay, Peru 1:37:57 6. Daisy Gonzalez, Mexico 1:38:06 7. Diner Moreno, Columbia 1:38:42 8. Amber Antonia, US 1:38:42 (47:51, 1:12:48) 9. Yorelis Sanchez, Cuba 1:39:00 10. Bobbi Jo Chapman, US 1:39:47 (49:23, 1:14:24) 11. Marina Crivello, Canada 1:40:13 (49:19, 1:1427) 12. Tatiana Orellana, Ecuador 1:40:25 13. Sandra Evaristo, Mex. 1:40:38 14. Gianetti Oliveira De Sena Bonfin, Brazil 1:43:24 (20 finishers, 5 DQ or DNF, including Deb Huberty and Sara Standley, US)

Junior Men's 10 Km, May 7–1. Alex Tapia, Peru 42:11 2. Robinson Vivar, Ecuador 42:28 3. Yassir Cabrera, Panama 43;20 4. John Edinson Garcia, Columbia 43:29 5. Edwin Ochoa, Ecuador 43:51...8. Zac Pollinger, US 44:47...19. Jared Swehosky 46:45 20. Christopher Diaz, US 47:33

Junior Women's 10 Km, May 8–1. Rachel Lavallee, Canada 47:37 2. Maria Michta, US 48:03 3. Veronica Colindres, El Salvador 48:06 4. Johana Ordonez, Ecuador 48:30 5. Jheny Llactahuaman, Peru 48:53. . . 17. Katy Hayes, US 53:09. . . 22. Lauren Forgues 57:43 Men's 50 Km, May 8–Miguel Solis, Mexico 3:54:24 (47:28, 1:34:28, 2:20:59, 3:06:10–1:58 first half, 1:56:24 second half) 2. Horacio Nava, mex. 3;59:26 3. Erasmo Vargas, Mex. 4:03:03 4. Rogelio Sanchez, Mex. 4:04:05 5. Xavier Moreno, Ecuador 4:05:38 6. Cristian Bascunan, Chile 4:07:54 7. Denis Estrada, Guatamala 4:17:04 8. Philip Dunn, US 4:18:32 9. Jesus Sanchez, Mex. 4:20:35 10. Rodrigo Moreno, Col. 4:25:29 11. David Guevara, Ecuador 4:26:40 12. Ray Sharp, US 4:38:53 13. Ed Parrot, US 4:45:03 14. Ivan Yarango, Peru 4:45:05 (4 DNF, 4 DQ)

Sesto San Giovanni Races to Fernandez and Turava

Milan, Italy, May 1-The fourth leg of the 2005 IAAF Racewalking Challenge, the Coppa Citta di Sesto San Giovanni contested near here, saw a repeat of the second leg with Spain's Francisco and Balarus' Margaryta Turava on top in the 20 km races, just as they were a month again in Rio Maior, Portugal.

Olympic silver medalist Fernandez, unfazed by a temperature in the 80s, easily bested Russia's Ilya Markov, who was second in the 2001 World Championships, but has struggled to regain that form since. Fernandez, now coached by four-time Olympic gold medalist, Robert Korzeniowski, finished in 1:19:54 with Markov 38 seconds back. Australia's Luke Adams was a distant third, just ahead of 2004 Olympic gold medalist, Ivano Brugnetti, still trying to come back from a pelvis injury.

Turava was also unchallenged at the finish as she clocked 1:28:43, 50 seconds ahead of Portugal's veteran, Susanna Feitor, who improved markedly from her thirteenth place finish in Rio Maior.

For the first 5 Km of the men's race, Fernandez was content to walk with Markov, Adams, Aigars Fadejevs, and Hatem Ghoula as they clocked a 20:08. Brugnetti, perhaps testing just what he was going to be able to do on the day, was about a minute back. By 8 Km, Fernandez had enough of the "leisurely" pace and accelerated sharply to reach 10 km in 39:49, a 19:41 split. That left Markov 11 seconds back and the others dropping quickly away.

A third 5 in 19:51 brought the Spaniard to 15 Km in 59:40 and an insurmountable lead that allowed him to coast through a final 5 in 20:14. After the race, he noted, "The very warm temperature made the race very tough. Sesto is a very difficult race because there are so many good athletes. Clocking under the 1:20 barrier in these conditions indicates that my preparation for Helsinki (World Championships) is going very well."

Brugnetti, after passing 10 km in just 42:28, indicated his comeback from injury is going well as he covered the second half in 40:31, nearly catching Adams.

In the women's race, Turava and Romania's Claudia Stef led at 5 Km in 22:30, with Feitor, Elisa Rigaudo, and Valentina Tsybulskaya close behind. Stef stayed with her through 10 Km (44:51), with Feitor and Rigaudo six seconds back. Stepping up the pace on the next 5, Turava reached 15 in 1:06:44 with a healthy lead, which she continued to increase to the finish. "I felt very good today, and I realized that I could win after 5 Km. I did not really expect to be in such good form so early in the year.

Women: 1. Margaryta Turava, Belarus 1:28:43 2. Susanna Feitor, Portugal 1:29:33 3. Claudia Stef, Rumania 1:29:54 4. Elisa Rigaudo, Italy 1:30:13 5. Vera Santos, Port. 1:32:05 6. Valentina Tsybulskaya, Belarus 1:32:41 7. Kristina Saltanovic, Lithuania 1:33:40 9. Maribel

Goncalves, Port. 1:35:50 10. Ines Henriques, Port. 1:36:16
Men: 1.Francisco Fernandez, Spain 1:19:54 2. Ilya Markov, Russia 1:20:32 3. Luke Adams, Australia 1:22:53 4. Ivano Brugnetti, Italy 1:22:59 5. Beniamin Kucinski, Poland 1:23:26 6. Alex Schwazer, Italy 1:25:10 7. Ivan Trotski, Belarus 1:25:27 8. Hatem Ghoula, Tunisia 1:26:30 9. Gian Luca Trombetti, Italy 1:27:11 10. Mikel Odriozola, Spain 1:27:29

Russians Dominate European Cup of Racewalking

Miskolc, Hungary, May 21-In the sixth edition of the European Cup of Racewalking held today, the Russian team was completely dominant, winning individual titles in all five races and team titles in four of the five. They missed the team title in the women's 20 Km when two of their four walkers were disqualified. But, even in that race, they showed their dominance with first and fifth place finishes.

Individually, Aleksey Voyevodin won the 50, Ilya Markov the men's 20, Olimpiada Ivanova the women's 20, Andrey Ruzavin the Junior men's 10, and Vera Sokolava the Junior women's 10.

Voyevodin, Olympic bronze medalist last year, and a two-time World Cup winner, won in 3:41:03, but had all he could handle in his teammate Sergey Kirdapkin, who was just 8 second back at the finish. Yuriy Adronov completed a Russian sweep in third. And beyond that, the pace was forged by 20-year-old Vladimr Kanaykin for the first 30 Km. He eventually paid the price.

The young Russian went through the first 10 in 44:22, 10 seconds ahead of Voyevodin and Kirdapkin, with the rest of the field already dropping away. Not content with that, he stepped it up to reach 20 in 1:28, 48 seconds clear of his two countrymen. Slowing only slightly, he reached 30 in 2:12:05, but had lost 8 seconds of his lead as the other two started their own surge in pursuit. It took just another 4 Km for them to overhaul the overextended youngster and he called it a day. Voyevodin said,"It was his first 50 Km race and he showed his ability–I think he is the future of our sport."

Still together, the two leaders reached 40 Km in 2:56:34 and held a 44 minute pace for another 5 before faltering in the final stages. Adronov, meanwhile, nearly 2 minutes back at 40, was able to finish strongly and with a 21:59 for his final 5 closed the gap to finish in 3:42:34. Nearly 3 minutes back in fourth was France's Yohan Diniz. His teammate, Denis Langlois, was fifth and a third Frenchmen, David Boulanger, came in 10th, a great return to the elite ranks by the once strong French side. Diniz imporved on his personal best by 7 minutes. The winning time was a meet record, besting Jesus Angle Garcia's 3:42:51 in 2000.

Ivanova, now 35 and ranked among the world's very best for 10 years took control of the race early and was never challenged as she won the women's 20 in1:28:18. She was second in Athens last year.

Ivanova was joined by teammate Iradya Pudkovkina in the early going and a 21:16 for the first 5 had already spread the field. When her teammate was disqualified shortly after 6 Km, Ivanova was on her own. Her 43:25 at 10 put her nearly a minute ahead and while slowing the second half she was able to cruise to a victory in 1:28:18. Susanna Feitor, in another strong race, got away from Elisa Rigaudo over the final 5 to capture silver in 1:29:01, with Rigaudo finishing in 1:29:26, well clear of Claudia Stef. Margaryta Turava, one of the favorites off her two IAAF Challenge wins, did not finish the race. A report on the race says she was a DQ, the results show her as DNF, so take your pick.

Feitor's strong finish--she gained 9 seconds on Ivanova over the final 5--led her Portuguese team to the team title. Ivanova's comment on the race, "I would be very happy for a repeat result in Helsinki-but it is boring to walk alone for that long!" Many might welcome such a luxury.

Ilya Markov had to work much harder for this 20 Km win in 1:1:20:50. The early challenge was from his teammate Vladimir Stankin and Olympic gold medalist Ivano Brugnetti. At 10 Km, the pair were together in 40:13, 15 seconds ahead of Markov and Spain's Juan Molina. However, Brugnetti, hot on the comeback after his injury, was pulled by the judges shortly thereafter. Now on his own, Stankin hung on through 15 Km (1:00:18) where he still led by 10 seconds. But after even splits of 20:08, 20:08, and 20:05, he needed 21:10 for his final 5 and he was soon eaten up the other two, who were also slowing, but not as much. Markov had just enough to gain a 4 second gap on the Spaniard by the finish.

Russia's Andrey Ruzavin outclassed the field in the Junior Men's 10 Km. Going through the first 5 in 19:36, he had 22 seconds on his countryman Aleksandr Prokhorov, who was 22 seconds ahead of Italy's Giorgio Rubino. While he couldn't maintain that sort of pace, he continued to stretch his lead to the finish, which he reached in39:57. Rubino caught Prokhorov at about 8 Km and sailed away from him to take second in 40:46. Germany's Carsten Schmidt, who was the first European in last year's World Cup Junior 10 finished strongly and finished just 5 seconds behind Prokhorov in fourth.

In the Junior Women's 10, Vera Sokolava outclassed the field, just as she had in last year's World Cup. Still a month short of her 18th birthday, she blitzed the first 5 in 21:27, to gain 20 seconds on her teammate Tatyana Kalmykova and more than a minute on the rest of the field. She finished in 44:09 followed by Kalmykova (45:02) and Yelena Rusak of Belarus (46:37). To show how dominant Sokolava is, only seven others were able to break 50 minutes.

The results:

Junior Women's 10 Km: 1. Vera Sokolova, Russia 44:09 2. Tatyana Kalmykova, Russia 45:02 3. Yelena Rusak, Belarus 46:37 4. Aleksandra Kubasova, Russia 47:19 5. Hanna Drabenia, Belarus 48:41 6. Maitina Gabrielli, Italy 49:21 7. Klara Malikova, Slovakia 49:49 8. Ann Loughnane, Ireland 49:50 9. Narin Saglam, Turkey 50:05 10. Olena Shevchuk, Ukraine 50:13 11. Lucie Pelantova, Czech Rep. 50:15 12. Ivett Erdos, Hungary 50:28 13. Fatima Rodrigues, Portugal 50:30 14. Paulina Buziak, Poland 50:38 15. Svitlana Vavilova, Ukraine 50:50 (37 finished, 2 DNF, 2 DQ) Teams: 1.Russia 3 2. Belarus 8 3. Italy 23 4. Ukraine 25 5. Ireland 32 6. Portugal 33 7. Hungary 35 8. Spain 37 9. Finland 40 10. Poland 44 11. Czech Rep. 44 12. France 54 13. Lithuania 62 14. Estonia 72 Junior Men's 10 Km-1. Andrey Ruzavin, Russia 39:57 2. Giorgio Rubino, Italy 40:46 3. Aleksandr Prokhorov, Russia 41:26 4. Carsten Schmidt, Germany 41:31 5. Denis Simanovich, Belarus 42:04 6. Ruslan Dmytrenko, Ukraine 42:15 7. Hannes Tonat, Germany 42:24 8. Vadim Tsivanchuk, Belarus 42:30 9. Ingus Janevics, Latvia 42:30 10. Koannis Kafkas, Greece 43:33 11. Miguel Angel Lopez, Spain 43:47 12. Yuriy Tsiporenko, Ukraine 43:54 13. Jakub Hudak, Slovakia 43:54 14. Sergey Chkhan, Ukraine 44:00 15. Vitali Bayarchanka, Belarus 44:24 16. Dusan Majdan, Slovakia 44:39 17. Tibor Marta, Hungary 44:39 18. Nicholas Ball, Great Britain 44:58 19. Szabolcs Glazer, Hungary 45:04 20. Sandor Racz, Hungary 45:11 (39 finished, 5 DQ, 1 DNF) Teams: 1. Russia 4 2. Germany 11 3. Belarus 13 4. Ukraine 18 5. Italy 25 6. Slovakia 29 7. Greece 31 8. Latvia 35 9. Hungary 36 10 Spain 40 11. Lithuania 61 12. France 62 13. Estonia 75

Women's 20 Km-1. Olimpiada Ivanova, Russia 1:28:18 (21:16, 43:25, 1:05:31) 2. Susana Feitor, Portugal 1:29:01 (22:22, 44:43, 1:06:40) 3. Elisa Rigaudo, Italy 1:29:26 (22:20, 44:40, 1:06:47) 4. Claudia Stef, Romania 1:30:11 (22:24, 44:43, 1:06:47) 5. Yuliya Voyevodina, Russia 1:30:34 (21:44, 44:19, 1:06:59) 6. Sabine Zimmer, Germany 1:30:57 (21:44, 44:41, 1:07:35) 7. Vera Santos, Portugal 1:31:58 (22:31, 45:27, 1:08:16) 8. Natalya Misyulya,

Belarus 1:32:03 (22:22, 45:28, 1:08:28) 9. Mayte Gargallo, Spain 1:32:18 (22:31, 45:28, 1:08:20) 10. Gisella Orsini, Italy 1:32:23 (22:35, 45:27, 1:08:17) 11. Ana-Maria Groza, Romania 1:32:40 12. Zuzana Makkova, Slovakia 1:32:48 13. Rossella Giordano, Italy 1:32:57 14. Kristina Saltanovic, Lithuania 1:33:15 15. Norica Cimpean, Romania 1:33:30 16. Maribel Goncalves, Portugal 1:34:07 17. Ines Henriques, Portugal 1:35:12 18. Maria Jose Poves, Spain 1:35:31 19. Maria Galikova, Slovakia 1:35:32 20. Molanta Dukure, Latvia 1:35:55 21. Vera Zozulya, Ukraine 1:36:20 22. Valentina Tsybulskaya, Belarus 1:36:34 23. Sonata Milusauskaite, Lithuanisa 1:36:49 24. Evaggelia Xinou, Greece 1:36:52 25. Betriz Pascual, Spain 1:37:19 26. Melanie Seeger, Germany 1:37:41 27. Christine Guinaudeau, France 1:37:56 28. Maria Hatzipanayiotidou, Greece 1:37:56 (48 finishers, 7 DO, 10 DNF. Teams: 1. Portugal 25 2. Italy 26 3. Romania 30 4. Spain 52 5. Lithuania 77 6. Ukraine 82 Men's 20 Km-1. Ilya Markov, Russia 1:20:50 (20:09, 40:28, 1:00:28) 2. Juan Manuel Molina, Spain 1:20:53 (20:09, 40:28, 1:00:28) 3. Vladimir Stankin, Russia 1:21:28 (20:08, 40:13, 1:00:18) 4. Andrey Yurin, Ukraine 1:22:13 (20:09, 40:28, 1:01:10 5. Stepan Yudin, Russia 1:22:20 (20:10, 40:19, 1:00:55) 6. Roman Magdziarczyk, Poland 1:22:26 (20:30, 41:21, 1:01:47) 7. Silviu Casandra, Romania 1:23:00 (20:18, 41:13, 1:01:56) 8. Erik Tysse, Norway 1:23:04 (20:48, 41:52, 1:02:26) 9. Grzegorz Sudol, Poland 1:23:17 10. Andrey Talashko, Belarus 1:23:49 11. Lorenzo Civallero, Italy 1:23:55 12. Matej Toth, Slovakia 1:23:56 13. Artem Valchenko, Ukraine 1:24:03 14. Jesus Angel Garcia, Spain 1:24:05 15. Robert Heffernan, Ireland 1:24:20 16. Trond Nymark 1:25:02 17. Benjamin Sanchez, Spain 1:25:45 18. Gyula Dudas, Hungary 1:25:50 19. Jose David Dominguez, Spain 1:26:01 20. Michele Didoni, Italy 1:26:59 21. Maik Berger, Germany 1:27:11 22. Franck Delree, France 1:28:07 23. Milos Holusa, Czech Rep. 1:28:23 24. Cedric Houssaye, France 1:29:49 25. Andrey Kovenko, Ukraine 1:30:07 26. Martin Pupis, Slovakia 1:30:36 28. Vilius Mikelionis, Lithuania 1:30:53 29. Robert Tubak, Hungary 1:30:55 30. Frank Werner, Germany 1:31:00 (49 finishers, 8 DQ, 5 DNF) Teams: 1. Russia 9 2. Spain 33 3. Ukraine 42 4. Slovakia 65 5. Belarus 77 6. France 79 7. Hungary 90 8. Lithuania 105 Men's 50 Km-1. Aleksey Voyevodin, Russia 3:41:03 (44:32, 1:28:48, 2:12:46, 2:56:34) 2. Sergey Kirdapkin, Russia 3:41:11 (44:32, 1:28:48, 2:12:45, 2:56:34) 3. Yuriy Andronov, Russia 3:42:34 (46:14, 1:29:44, 2:14:07, 2:58:26) 4. Yohan Diniz, France 3:45:17 (45:38, 1:30:21, 2:14:50, 2:59:09) 5. Denis Langlois, France 3:47:32 (46:07, 1:31:28, 2:16:41, 3:02:00) Alex Schwarzer, Italy 3:49:42 (46:13, 1:32:08, 2:16:41, 3:04:16)
 Peter Korcok, Slovakia 3:51:30 (47:30, 1:33:59, 2:20:48, 3:06:35) 8. Andrey Stepanchuk, Belarus 3:51:40 (47:29, 1:33:58, 2:20:46, 3:06:22) 9. Milos Batovsky, Slovakia 3:54:49 10. David Boulanger, France 3:55:11 11. Diego Cafagna, Italy 3:55:18 12. Viktor Ginko, Belarus 3:55:22 13. Marco DeLuca, Italy 3:55:30 14. Rafal Fedaczynski, Poland 3:56:13 15. Alessandro Mistretta, Italy 3:56:32 16. Aleksey Kazanin, Ukraine 3:56:44 17. Fredrik Svensson, Sweden 3:57:16 18. Antti Kempas, Finland 3:59:01 20. Pedro Martins, Portugal 4:03:28 21.21. Antonio Pereira, Portugal 4:04:22 22. Aleksey Shelest, Ukraine 4:05:18 23. Mario Avellandro, Spain 4:05:42 24. Augusto Cardoso, Portugal 4:05:58 25. Modris Liepins, Latvia 4:06:26 26. Zoltan Czukor, Hungary 4:07:39 27. Daugvinas Zujus, Lithuania 4:08:16 28. Yuriy Bruban, Ukraine 4:11:16 (37 finishers, 6 DQ, 12 DNF) Teams: 1. Russia 6 2. France 19 3. Italy 30 4. Belarus 49 5. Portugal 65 6. Ukraine 66 7. Latvia 92.

Overall Team score: 1. Ukraine 233 2. France 309 (Only two nations that finished full teams in all four races. Russia had just 22 total points in the four races they won.)

Other Results

MAY 2005

5 Km, Providence, R.I., May 15-1. Carly Lochala 17:54.3 2. Helen Pottle 28:07.1 Maine H.S. Results: 1600 meters-1. Andrew Ciszewski 7:20.1 2. Ricky Michaus 7:55.7 3. Riley Foster 8:07.1 1600 meters-1. Helen Pottle 8:26.0 Metropolitan 15 Km, New York City, May 15-1. Jose Perez 1:18:38 2. Michael Kazmierczak (18) 1:18:42 3. Jussi Koski 1:21:58 4. Bill Vayo (40) 1:24:32 5. Vlado Haluska (53) 1:26:27 6. (Went on to 20 Km in 1:56:07) David Wolf (45) 1:27:33 7. Shawn Frederick (51) 1:29:27 8. Alexis Davidson (49) 1:30:08 9. Gary Null (60) 1:31:42 10. Lisa Marie Vellucci 1:32:35 11. Elizabeth McCormick 1:34:42 12. Eduardo Sorrenti (62) 1:35:42(22 finishers) 5 Km, same place-1. Dana Vered (17) 28:33 (4 finishers) 10 Km, same place-I. Leo Romero 48:43 2. Robert Paenafiel 57:52 3. Alexis Davidson 59:45 4. Panseluta (58) 62:15 5. David Lee (50) 63:37 (7 finishers) H.S. Girls 1500 meters, New York City, May 16-1. Raven Pilgrim 8:13.28 2. Elisa Lee 8:24 3. Debbie Chen 8:26 (15 finishers, 1 DQ) H.S. Girls 1600 meters, White Plains, N.Y., May 12-1. Kate Kannon 7:24.21 2. Allison Snochoswki 8:03.04 3. Elizabeth Giorgio 8:04 4. Shani Brown 8:05 5. Ewelina Peszt 8:14 6. Cher Armstrong 8:38 7. Raven Pilgrim 8:43 8. Elyssa Plotkin 8:48 (15 finishers, 1 DNF, 1 DQ) H.S. Girls 1500 meters, New York City, May 21-1. Raven Pilgrim 7:51.49 2. Tiffany Yu 8:11 (12 finishers, 2 DQ) 5 Km, Rochester, N.Y., May 7-1. Laura Richenderfer 26:17:60 Ron Zinn Memorial 10 Km, Wall Twp., N.J.-1. John Soucheck 49:24 2. Jose Perez 53:58 3. Alexis Davidson 58:31 4. Christopher Stuart 59:39 5. John Fredericks 60:07 6. Ron Salvio 64:07 7. Tom Quattrocchi 67:38 8. Ben Ottmer 68:16 9. Art Glass 68:31 10. John Molendyk 69:20 Women-1. Colleen Swansson 64:04 2. Janien Stuary 64;54 3. Maria Paul 69:20 (22 total finishers) Al Saner 20 KM, Point Pleasant, N.J., May22-1. John Soucheck 1:45:59 (50:54) 2. Dave Talcott (45) 1:50:36 (55:31) 3. Erik Litt 2:03:03 4. Tom Quattrocchi (54) 2:17:35 5. Ron Salvio (56) 2:20:44 6. Art Glass (57) 2:22:07 7. Ben Ottmer (71) 2:27:21 Women-1. Dorit Attias (44) 2:08:52 2. Maria Paul (40) 2:28:14 3. Isabel Keeley (58) 2:41:03 10 Km, same place-1. William May (70) 63:03 5 Km, same place-1. Rich Luettchau 24:41 2. Marcus Kantz (56) 31:22 Women-1. Panse Geer (54) 30:34 Penn Relays Racewalks, Philadelphia, April 30: Men's 10 Km-1. Ben Shorey, UW-Parkside 44:32.33 2. Mike Traantino, UWP 45:17.61 3. Ezequiel Nasario, Puerto Rico 35:25.34 4. Paul Schwartzburg, Varsano Chocolates 46;47 5. Leo;nidas Romero, Park RW 46:53 6. Joe Trapani, Mansfield U. 50:36 7. Rich Luettchau, Richard Stockton U. 52:20 Jr. Men's 10 km-1. Michael Kazmierczak 50:38.34 2. Tim Davidson 58:37 DQ-Paul Regul (54:34) Women's 5 Km-1. Joanne Do;w, adidas 22:36.17 2. Deb Huberty, NYAC 23:14.87 3. Alessandra Vavas, un. 26:32 4. Laura Feller, Syracuse Chargers 26:53 Women's Masters 5 Km-1. Dorit Atias, Walk USA 27:30.38 Jr. Women's 5 Km-1. Maria Michta 24:00 2. ? 25:22 3. Tina Peters, Miami Valley TC 26:59 4. Ann Whalen, Holy Cross 27:30 5. Allison Snochowski 27:36 6. Shane Brown 27:52 7. Shannon Gillespie 28:00 8. Ewelina Peszt 28:13 9. Sarah Groat 29:15 10. Raven Pilgrim 29:24 11. Angie Aguilar 29:42 12. Jamie Switzer 29:49 13. Chelsea Clark 30:25 14. Ashley Lozito 33:14 (1 DNF) Southeastern Masters, Durham, N.C., May 6-7: 5 Km-1. Lois Dicker (65) 33:15 2. Fran Emanuel (60) 33:38 3. Lana Kane (65) 37:45 Men-1. John Fredericks (57) 28:52.3 2. Tony Hackney (49) 19:52 3. Danny Spell (55) 30:31 4. Larry Seymore (63) 32:05 5. Cedric Hustace (71) 32:30 6. Joel Dubow (62) 33:54 7. Andrew Briggs (73) 34:48 8. Bob Mimm (80) 35:12 (10 finishers, 2 DQ) 20 Km-1. John Fredericks 2:07:15 2. Cedric Hustace 2:23:19 3. Peter Beyer (66) 2:24:35 3. 4. Bob Robertson (66) 2:29:44 5.Bob Mimm 2:30:35 Women-1. Fran Emanuel 2:28:06 10 Km-1. John Fredericks 61:27 2. Tony Hackney (49) 62:33 3 Danny Spell 62:53 4. Cedric Hustace 69:03 5. Peter Beyer 71:00 6. Bob Robertson 74:34 7. Bob Mimm74:38 8. Andrew

Briggs 75:15 Women-1. Grace Mutz (45) 63:00 2 Lois Dicker (65) 69:55. Fran Emanuel 73:30 1500 meters, Boynton Beach, Fla., March 19-1. Bob Fine (70+) 9:35.87 2. Peter Bayer 9:43.22 (4 finisehrs) 3 Km, same place-1. Peter Bayer 19:27.59 2. Bob Fine 20:15 (5 finishers) 3 Km, Lauderdale, Fla., April-1. William Zenga (50+) 18:25.10 (3 finishers) Americam Mideast Conference 5 Km, Cedarville, Ohio (first time for a racewalk in this meet)-1. Matt Boyles, Rio Grande U. 21:23 2. Nate Hughes, Malone 30:21 3. Justin Herbert, Cedarville 30:23 4. Brad Sinick, Malone 30:27 5. Michael Groholy, Walsh 33:12 6. David Terenzoni, Geneva 33:18 (11 finishers, 1 DNF) Women-1. Ashley Thomas, Malone 16:11 (Malone is in Canton, Ohio, but Ashley comes from Kodiak, Alaska) 2. Billie Robinson, Rio Grande 16:32 3. Jana Marshall, Rio Grande 18:00 4. Brittany Lyons, Malone 18:28 5. Amanda Sullivan, Roberts Weleyan 19:28 6. Andrea Boehm, Tiffin 19:36 (13 finishers, 1 DQ) Ohio 15 Km, Middletown, April 24 (34 degrees, blowing snow)-1. Ed Fitch (42) 1;28:08 2. Bill Whipp (60) 1:44:39 3. Phil McDonald (61) 1:46:07 Women-1. Pat Darling 1:50:48 H.S. 800 meters, Yellow Springs, May 13-1. Tina Peters 3:39.95 2. Danielle Coubt 4:00.29 Boys-I. Andy Peters 4:00.55 2. Caleb Welton 5:01.41 3. Brian Person 5:05 Jack Mortland Racewalks, Dayton, Ohio, May 15: 20 Km-1. Loretta Schuellein, Walk USA 1:46:20 (25:35, 52:06, 1:19:19-personal bests at 10 and 20. Back from Peru and on hand was Loretta's coach, Dave McGovern, who competed in the first Jack Mortland walks in Columbus in 1988. He finished thrid behind Gary Morgan and Steve Pecinovsky in that one with a 1:32:15. Don't recall that he ahs been back since. Morgan, who won three other times, had 1:27:04 in that initial race, still the meet record. Schuellein gets a course record since this was a virgin course, not just for the Mortland races, but for any racewalks.) 2. Max Walker (58), Indiana Racewalkers (60) 1:51:13 3. Leon Jasionowski, Pegasus Walkers 1:51:50 4. Ed Fitch (44), Miami Valley TC 1:52:21 5. Deb Topham, Pegasus 2:04:32 6. Gayle Johnson (56), un. 2:06:30 7. Don Knight (59) Great Lakes Walkers 2:12:38 5 Km-1. Bill Reed (52), Pegasus 26:46 2. Rod Craig (47), Pegasus 27:02 3. Tina Peters (17), Miami Valley TC 28:12 4. Damon Clements (48), Indiana RW 29:06 5. Susan Mora Fassett (42), Great Lakes 29:14 6. David Pinchey, (58), Great Lakes 29:55 7. Billie Robinson, Rio Grande 30:40 8. Theresa Amerman, Indiana RW 31:46 9. John Fisher (61), Cincinnati Walkers 31:57 10. Danielle Doubt (14), Miami Valley 32:23 11. Marshall Sanders, (64), Great Lakes 32:42 (13 finishers) 5 Km, Royal Oak, Mich., April 30-1. Max Green 28:58 (3 finishers) Women-1. Mary Franklin 29:28 2. Julia Puzdrowski 34:39 (5 finishers) 20 Km, Kenosha, Wis., May 22-1 Ben Shorey 1:30:40 (22:28, 44:55, 1:07:25) 2. Patrick Collier 1:37:37 DNF-Mike Stanton (23:35, 47:26, out at 12 km) Women-1. Marcia Gutsche (43) 1:50:42 (28:02, 55;05, 1:22:51) 2. Lynn Tracy (52) 1:59:04 DNF-Ali Bahr (1:22:57 at 15 km) and Dee Webb (23:31 at 4 Km) 10 Km, same place-1. Mike Tarantino 45:23 2. T.C. DeWitt 51;50 3. Matt DeWitt 53:46 DNF-Will Preischel (43) (44:10 at 8 Km(Women-1. Christine Tagliaferri 56:31 2. Louren Davis 56:50 3 Km, same place-1. Sam Cohen 16:26 (A quick recovery after the birth of her first son in January.) Youth 1 Mile, Pharr, Texas, April 23-Girls: 10 yr. Od-1. Ariana Guzman 10:10 12 year old-1. Jessica Reybal 9:22 Boys: 11 year old-1. Alex Chavez 9:40 14 year old-1. Roberto Bergara 7:07 2. Ricardo Vergara 7:17 18 year old-1. Chris Diaz 6:43 3 Km, same place 1. Abraham Villarreal 15:35 Girls-1. Janet Avitia 18:08 2. Ruby Perez 19:37 Youth 1 Mile, Pharr, April 30-Girls 10-1. Adriana Guzman 10:16 Girls 13-1. Maria Villarreal 9:59 Boys 8-1. Eddie Gomez 12:39 Boys 10-1. Hector Mendoza 10:39 Boys 14-1. Roberto Vergara 7:07 2. Ricardo Vergara 7:15 3 Km, same place-1. Abraham Villarreal 15;44 2. Ruby Perez 19:30 1 Mile, Pharr, May 7-1. Robert Vergara 7:00 quarter mile splits of 1:50, 1:43, 1:44, 1:43) 2. Ricardo Vergara 7:11 (1:51, 1:47, 1:47, 1:46). (With full complement of USATF judges, the Vergara's officially bettered Zac Pollinger's highschool freshman of 7:22) Gulf Coast 5 Km Championship, Houston, May 15-1. Alberto Medina (44) 26:47 2. Mario Alanis (42) 27:25 3. Rusty Gorman (51) 31:17 4. John Knifton (65) 34:15 (7 finishers) 1 Mile, Houston, May 20-1. Gary Leinhart 8:18 2. Dave Gwyn 9:57 3. Lojza Vosta 9:57 4 Mile, Denver, April 6-1. Mike Blanchard (43) 35:17 5 Km, Denver-I. Daryl Meyers (62) 30:01 10 Km, Prescott, Ariz., May 1-1. Sabin Snow (63) 64:07 2. Bob Daniel (64) 70:35 3. Jim Troche (56) 71:06 (5 finishers) National Masters and Western Regional Masters 15 Km, Riverside, Cal., May 15-1. Heidi Hauch (45) 1:27:27 2. Liz Salvato (42) 1:34:15 3. Ann Gerhardt (53) 1:36:07 4. Sloan Zsiros (42) 1:39:56 5. Jolene Steigerwalt (61) 1:41:27 (17 finishers, 1 DQ) Men-1. Chris Rael (45) 1:25:14 2. Pedro Santoni (47) 1:26:08 3. Norm Frable (59) 1:26:32 4. Mike Counts (52) 1:27:47 5. James Carmines (61) 1:29:06 6. Paul Johnson (67) 1:31:46 7. Roderick MacElwain (54) 1:36:44 8. Bob Weeks (63) 1:36:53 9. John Backlund (675) 1:37:35 10. Jack Starr (76) 1:42:13. . . Bob Mimm (80) 1:52:00 (19 finishers, 1 DNF, 1 DQ) 10 Km, Walnut, Cal., April 3-1. Murray Day (40) 54:16 2. Pedro Santoni (47) 55:15 3. Paul Johnson (67) 59:57 4. Raymond Billig (48) 66:11 5. Jack Cassidy (55) 66:31 (7 finishers, 1 DQ) Women-1. Jolene Steigerwalt (61) 66:05 (6 finishers) 5 Km, same place-1. Joe Nieroski (43) 26:01 2. Rick Campbell (59) 29:21 3. Mario Lopez (46) 30:12 4. Richard Lenhart (46) 31;05(8 finishers, 3 DQ) Women-1. Donna Cunningham (58) 29:42 2. Deborah Raymer (48) 31:51 3. Carol Bertino (57) 31:53 4. Dawn Beigel (43) 32:29 5. Susan Harris (43) 32:45.6 6. Janet Robinson (53) 32:46 , . . . 13. Jane Dana (83) 41:07 (16 finishers.) 3 Km, Kentfield, Cal., March5-1. Jack Bray 16:54.9 2. Kevin Killingsworth 16:55.1 3. Ed Lane 18:41 4. Doris Cassels 19:13 5. Shirley Dockstader 19:41 (12 finishers) 5 Km, Palo Alto, Cal., March 13-1. Leslie Sokol 30:20 2. Ann Lee 32:05 3. Doris Cassels 32:29 4. Shirley Dockstader 32:38 (11 finishers) Men-1. Daniel Coupal 28:16 2. Ed Lane 31:05 3. Gary Mader 31:16 4. Stu Kinney 32:10 5. Peter Corona 32:14 (14 finishers) 5 Km, Kentfield, Cal., April 3-1. Kevin Killingsworth 26;19 2. Jack Bray 29:36 3. Ed Lane 32:11 4. Stu Kinney 32:21 5. Pete Corona 32:22 6. Doris Cassels 32:57 7. Shirley Dockstader 33:02 (12 finishers) 5 Km, Fair Oaks, Cal., April 17-1. Nicole Goldman 29:53 2. Lou Walters 32:12 3. Doris Cassels 32:53 4. Ann Lee 32:58 Men-1. Joe Berendt (49) 28:46 2. Jack Bray (72) 29:21 3. Jim Currier (56) 30:12 4. Jim Beckett (66) 30:21 5. Stu Kinney (65) 32:43 1 Hour, Kentfield, Cal., May 1-1. Jack Brya and Kevin Killingsworth 10,073 meters 3. Jim Beckett 9253 4. Steward Canning 9416 5. Stu Kinney 8944 6.Peter Corona 8906 7. Ed Lane 8860 8. Doris Cassels 8624 (15 finishers) West Region 5 Km, Aptos, Cal., May 7-1 Mike Counts (52) 27:18 2. Ted Moore (66) 29:37 3. Juan Garcia (62) 31:27 4. Dick Petruzzi (72) 32:59 (7 finishers, 3 DQ) Women-1. Nicolle Goldman (46) 28:41 2. Leslie Sikol (47) 28:58 3. M.J. Baglin (58) 31:23 4. Terri Brothers (48) 33:03 (7 finishers)

Baltic Youth and Juniors Racewalking Cup, April 30: 3 Km, Girls born 1990-91–1. Anita Kazemaka, Latvia 14:12.7 2. Sneigouole Sabutyte, Lithuania 14:39 3 Km, Boys 1990-91–1. Genddij Kozlovskij, Lith. 14;00.1 2. Laikas Dabravolskas, Lith. 14;02 3. Janis Miculs, Lat. 14:23 5 Km, Girls 1988-89–1. Lasma Rinasa, Lat. 23:59 2. Agnese Pastare, Lat. 24:32 3. Zoja Illarionova, Lat. 24;44 5 Km, Girls 1986-87–1. Jelena Ivanenoka, Lat. 25:21 10 Km, Boys 1988-89–1. Arnis Rombenieks, Lat. 45:13.6 2. Pavel Velicko, Lith. 45:59.8 3. Kiril Griazev, Lith. 46:04 10 Km, Boys 1986-87–1. Ingus Janevics, Lat. 41:30.5 2. Vytautas Verseckas, Lith. 45:42. Teams–Latvia 56, Lithuania 53, Estonia 20. Men's 10 Km, same place–1. Andrey Jurin, Ukraine 39:49.4 2. Marius Ziukas, Lith. 41:44.4 3. Tadas Suskevicius, Lith. 42:19 Finnish Championships, Helsinki, April 27: 50 Km–1. Timo Viljanen 4:37:27 Women's 20 Km–1. Outi Sillanpaa 1:37:34 Men's 20 Km–1. Jani Lehtinen 1:28:49 Junior Men's 20

Km-1. Nillo Halonen 1;38:57 Phillipine 20 Km, Manila, April 14-1. Michael Embuedo 1:40:54 2. Eric Tauro 1:41:30 20 Km, Copenhange, May 14-1. Jolene Moore, US 1:40:36 Men-1. Erik Tysse, Norway 1:21:57 Kenyan National 10 Km, Nairobi, May 14-1. Julius Sawe 40:25 2. David Kimutai 40:25.4 3. Josphat Sirma 43:06 Women-1. Grace Wanjiru 50:03 2. Jepngetich Kosgei 51:40 20 Km, Lloret de Mar-1. Ilya Markov, Russia 1:20:46 Australian 50 Km, May 1-1. Nathan Deakes 3:47:51 (47:06, 1:33:362:19:01, 3:03:45) 2. Craig Barrett, N.Z. 3:58:39 (less than 2 minutes back at 30 Km) 3. Chris Erickson 4:03:14 4. Duane Cousins 4:04:35 5. Darren Brown 4:07:26 6. Troy Sundstrom 4:18:28

Hi Ho, Hi Ho, A Racing We Will Go

Fri. June 3	1 Mile, Houston (L)
Sat. June 4	National USATF 10 Km and Junior 3 Km, Niagara Falls ®)
	3 Km, Seattle (C)
	5 Km, Denver, 8 am (H)
	Half Marathon and 5 Km, Fontana, Cal., 7 am (Y)
Fri. June 10	1 Mile, Houston (L)
Sat. June 11	1 Mile, Colts Neck, N.J. (A)
	10 Km, Denver, 8 am-(H)
	Long Island 5 Km, Farmingdale, N.Y. (DD)
	2.8 Miles, Seattle, 9 am (C)
Sun. June 12	Ohio 10 Km, Yellow Springs (M)
	3 Km, Arlington, Vir.(S)
	5 Km, Los Angeles, 6;30 am (Y)
	10 and 20 Km, Kenosha, Wis., 6 pm (F)
Mon. June 13	5 Km, Long Branch, N.J., 6:30 pm (A)
Fri. June 17	I Mile, Houston, (L)
Sat. June 18	Metropolitan 10 Km, New York City, 9 am (G)
	5 Km, Eugene, Ore. C)
	South Region 5 Km, Arlington, Texas, 3 pm (L)
Sun. June 19	Long Island 10 KM, Farmingdale (DD)
	1 Mile, Eugene, Ore. (C)
	Goulding Memorial 10 Km, London, Ontario (O)
	5 Km, Denver, 8 am (H)
Mon. June 20	5 Km, Long Branch, N.J., 6:30 pm (A)
Wed. June 22	5 Km, Denver, 6:30 pm (H)
Fri. June 24	1 Mile, Houston (L)
Sat. June 25	5 Km, Gresham, Ore. C)
	USATF National Junior 10 Km and Senior 20 Km, Carson, Cal. (AA)
990 XII 97556	5 Km, Denver, 9:30 am (H)
Sun. June 26	1 Mile, Gresham, Ore. (C
	1 Hour, Kentfield, Cal., 8 am (P)
	5 Km, Denver, 8 am (H)
	3 Km, Arlington, Vir. (S)
SOR 721 722	5 and 10 Km, Los Angeles, 8:30 am (Y)
Mon., June 27	5 Km, Long Branch, N.J., 6:30 pm (A)
Wed. June 29	I Mile, Oakhurst, N.J., 6:15 pm (A)
Sat. July 2	5 Km, Pomona, N.J. (A)

Mon July 4	8 Km, Washington D.C., 7:30 am (S)
	5 Km, Long Branch, N.J., 6:30 pm (A)
Wed. July 6	1 Mile, Oakhurst, N.J., 6:15 pm (A)
Sat. July 9	3 Km, Arlington, Vir. (S)
	USATF National Junior 5 Km, Bar Harbor, Maine (K)
Sun. July 10	N.J. 5 Km, Tinton Falls, N.J. (A)
	10 Km, Kentfield, Cal., 8 am (P)
Mon. July 11	5 Km, Long Branch, N.J., 6:30 pm (A)
Wed. July 13	1 Mile, Oakhurst, N.J., 6:15 pm (A)
Thur. July 14	1500 and 3 Km, Long Island, N.Y. ((B)
Sat. July 16	Pacific Assn 5 Km, Los Gatos, Cal. (J)
Sun. July 17	Metropolitan 5 Km, New York City, 9 am (G)
Wed. July 20	I Mile, Oakhurst, N.J., 6:15 pm (A)
Thu. July 21	1500 meters and 3 Km, Long Island, N.Y. (B)
5.	1500 meters and 3 Km, Cedarville, Ohio (M)
Sat. July 30	3 Km, Reno, Nev. (E)
Mon. Aug. 1	5 Km, Long Branch, N.J., 6:30 pm (Q)
Aug. 4-7	USATF National Masters 5 and 10 Km, Hawaii (T)
Thu. Aug. 4	1500 meters and 3 Km, Long Island, N.Y. (B)
Sat. Aug. 6	3 Km, Arlington, Vir. (S)
Sat. Aug. 7	USATF National 15 Km, Watertown, Mass. (V)
	Ohio 5 Km Championships, Cincinnati (M)
Mon. Aug. 8	5 Km, Long Branch, N.J., 6:30 pm (A)
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F--Mike DeWitt, uwpcoach@yahoo. com

G--Stella Cashman, 320 East 83rd St., New York, NY 10028

H-Bob Carlson, 2261 Glencoe St., Denver CO 80207

J-Art Klein, 3035 Arlington Drive, Aptos, CA 95003

K-Tom Eastler, 300 Mosher Hill Road, Farmington, ME 04938

L-Dave Gwyn, 6502 Briar Bayou, Houston, TX 77072

M--Vince Peters, 607 Omar Circle, Yellow Springs, OH 45387, 937-767-7424

N-Florida Athletic Club, 3250 Lakeview Blvd., Delray Beach, FL 33445

O-www.londonrunner.ca

P--Jack Bray, Marin Racewalkers, P.O. Box 21, Kentfield, CA 94914

Q-Daniel Koch, 3331 NW 22nd Street, Coconut Creek, FL 33066

R-Dave Lawrence, 94 Harding Avenue, Kenmore, NY 14217

S-Potomac Valley TC, 3140-D West Springs Drive, Ellicott City, MD 21043

T-www.hawaiichamps.com

U-Robert Carver, 1002 Catalpa Lane, Orlando, FL 32806

V-Justin Kuo, 617-73T-9889

W--Frank Soby, 4157 Colonial Drive, Royal Oak, MI 48073

X--Steve Vaitones, P.O. Box 1905, Brookline, MA 02446 (617-566-7600)

Y--Walkers Club of Los Angeles, 233 Winchester Avenue, Glendale, CA 91201

AA-www.usatf.org
BB-Kalamazoo Valley Walkers, P.O. Box 19414, Kalamazoo, MI 49009
CC--Laura Cribbins, 2937 El Sobrante Street, Santa Clara, CA 95051
DD-Gary Westerfield, garyw@optonline.net

FROM HEEL TO TOE

Here's a challenge. In 1960, a few racewalkers in Philadelphia decided to challenge one another in a ten-event contest. It's been going on ever since. It was for racewalkers only the first few years. Now its's open to all. It is held the last Saturday of June each year. June 25 this year. It's the Alex Proven Memorial Decathlon. The events: 1600 meter racewalk, shot put, 1600 meter run, standing long jump, 100 meter dash, 400 meter walk, standing triple jump, 400 meter run, pull-ups, and cross country run. Scoring is based on 2 for first, 2 for second, etc. It is at a prep school in Bensalem, Pa. Interested? Information from Dave Proven Jr. Who has been keeping the event going all these years. 522 Amherst Circle, Perkasis, PA 18944. 215-453-8512. . . Do you like lists? A fellow by the name of Raymond Smith recently found a copy of the 1981, first edition of the Book of Sports Lists #3 in a Melbourne, Australia second-hand book shop. It contained the following article: "Elliott Denman's 12 Greatest American Walkers. In 1956, Elliott Denman walked from the Bronx to Australia by way of New York University's Ohio Field, the U.S. Olympic trials in Baltimore, and an Air Force jet. Down under, he came up with an eleventh place finish in the 50 km racewalk at the Melbourne Olympics and has been a walking activist ever since. He indulges in the pastime for competitive and recreational reasons, but, as a sportswriter for the Asbury Park Press for 17 years (Ed. Since retired), he has never taken a pedestrian approach to athletic journalism. 1. Meriwether Lewis and William Clark (one and inseparable) 2. Larry Young 3. Henry Laskau 4. Harry S. Truman 5. Ronald Zirm 6. Edwin Payson Weston 7. Abraham Lincoln Monteverde 8. Ronald O. Laird 9. Todd Scully 10. Rudy Haluza 11. Marco Evoniuk 12, Calr Schueler". Mr. Smith, via the internet, then asks: Hello Elliot if you are looking in, my best regards. Have you on your computer pen portraits of the listed athletes? Have you a current list for today?" Yes, Elliott, have you a current list. . Paul Smith. Paul Smith, very active in Pacific Association racewalking affairs for many years, a driving force of the Sierra Racewalkers, and more recently the writer of press releases for Racewalking International, died on May 11, following a bout with cancer that began last September. These words from Tom Eastler, from the other coast (in Maine): "Paul would have wanted me to call him a renegade since he clearly was one. A mile-mannered racewalker who walked softly but carried a very powerful pen, Paul prided himself on 'stirring the pot' when he felt that the racewalking pot needed to be stirred, which was most of the time. One couldn't be ambivalent about Paul, one either liked him a lot, or not. I liked him a lot, as did many of my high school walkers. A side of Paul that many never saw was his generosity, sensitivity, and kindness. He was a devotee of racewalking and wanted no more nor no less than that racewalking in the U.S. rise to the top internationally, and he saw his mission as one of advocacy for action. . Paul opened his home to racewalkers from away, including some of my past high school walkers who needed a place to stay in California. He was a man who was passionate about his love of racewalking, and I and many others will miss him dearly. . . More on S.H.I.T. Our article in last month's issue, stolen from Bob Carlson, elicited the following from Roger Burrows in Ottawa: "With great regret at being a, um, pooper of the party, I have to flush the delightful S.H.I.T. story in the April ORW into the port-a-potty of 'folk mythology'. That is, a derivation that sounds plausible and has become popularly accepted,

though the linguistic truth lies elsewhere. I hadn't heard this one before, but it falls into the same category as several others. "Posh", for example, is often claimed to have been a notation on the tickets of rich passengers making the round trip from England to India. It was an alleged acronym for 'port out, starboard home', i.e., the expensive cabins on the shady side of the ship. Or 'the rule of thumb' as a supposed reference to the permissible girth of a stick with which a husband could beat his wife without incurring the wrath of the law. Both colorful stories, but not true. Shit (there, the first use in ORW history? Ed. Yes, and one might hope the last.) came into English many, many moons ago along a standard Germanic pathway. It originally had no objectionable connotation, and was simply the name for a common substance. I suspect that it was William the Conqueror's influence that changed the register. After his invasion of England in 1066, many words of Germanic origin became relegated to the English-speaking 'common folks'. Albeit a linguistic minority, England's ruling classes and sophisticates spoke Norman French for a good three centuries. Sorry, boys, what a wet blanket I am, But, what can you expect from a reader who works as a lexicographer, a compiler of dictionaries, defined in Dr. Johnston's first great dictionary of English as a harmless drudge'? By way of apology, can I offer a manure story that really is related to racewalking, and remains one of my favorite fund-raising projects? For some years, the powerful track team at Burnaby Central H..S. in Vancouver (which contained a flourishing group of young racewalkers) used to bring in a truckload of manure from a farm in the lush agricultural area to the east. Dumped into the school parking lot and shoveled into plastic bags, it was in great demand from the avid gardeners of the beautiful city. The 'manure' weekend' became a highly-anticipated event; I am told that the team even expanded to cater to the specialized needs of the cognescenti (common cow, potent pig, bureaucratic bull, exotic who knows what (Ed. Ewe, perhaps, or, wow, how about elephant?). Even after paying for the municipality to hose down the parking lot in time for Monday classes, the proceeds apparently financed the team's activities for much of the year."...

LOOKING BACK

40 Years Ago (From the May 1965 ORW)—In only its third month, the Ohio Racewalker was still a bit provincial and this issue featured a lot of the editor and publisher. One week, Blackburn beat Mortland in a 2-miler, 14:05 to 14:08, the next week it was Mortland better than 2 minutes ahead in a 1:17:36 10 miler. Finally, Mortland overcame high heat and humidity—or at leas, so we boastfully reported—and Blackburn to take a 10 Km race in 47:51. Blackburn had 49:19. . . In the hinterlands, Ron Daniel won the Asbury Park 10 miler in 1:20:04, 10 seconds ahead of Art Mark. Henry Laskau, in a rare appearance after his retirement nearly a decade earlier, walked a very creditable 1:22:04 in fifth. . . In yet another 10 miler, Paul Nihill took the British title in 1:14:55, with Ron Wallwork less than a minute behind.

35 Years Ago (From the April 1970 ORW)-Dave Romansky won the National 35 Km in Des Moines, Iowa in 3:13:13 on a 12-lap course that included one hill that had no place in a walking race since it was impossible to actually racewalk up it. A close and steadily closing second was Australian Bob Steadman, then living in Winnipeg, in 3:14:19. Ron Kulik and Canadian Karl Merschenz captured the next two spots, followed by John Knifton, Goetz Klopfer, Canadian Marcel Jobin, and Ron Laird-a very classy field. ..Romansky also won the National 15 Km in Nutley, N.J. in 1:14:09 on a very hot day. Ron Kulik, hosting the race,

beat Steve Hayden for second, with Ron Laird, Ron Daniel, and John Knifton follwoing. . The ORW postal 20 Km went to Laird in 1:22:25 with Tom Dooley just 21 seconds back. . .Romansky blitzed the course record in the Zinn Memorial 10 mile in Asbury Park with a 1:10:54. Ron Daniel was 4 ½ minutes back. . .Wilf Wesch, a West German, walked a 1:29:02 for 20 Km in London. . .Gennadiy Agapov had a 1:29:19 in the USSR.

- 30 Years Ago (From the April 1975 ORW —John Knifton won the National 15 Km in Chicago in 1:10:54 with Tom Dooley 42 seconds back. Bob Henderson, comebacking Larry Young, and Al Shirk followed. . Mike Young, from the Colorado TC, won the Junior 15 Km in 1:25:50. . . The Mexican Revolution of our sport was really starting to blossom and was well demonstrated in a win over Canada. Daniel Bautista won the 10 Km in 42:34 with Enrique Vera just 14 seconds back. The 20 went to Raul Gonzales in 1:27:50 with Pedro Aroche and Domingo Colin also well ahead of Canada's Marcel Jobin.
- 25 Years Ago (From the May 1980 ORW)—Carl Schueler won the 50 Km Olympic Trial and, in the process, became the first U.S. walker under 4 hours. Schueler caught Mrco Evoniuk on the last of 20 laps and finished in 3:59:33. Evoniuk's 4:00:30 was also under Larry Young's previous U.S. best of 4:00:45 in the 1972 Olympics. Dan O'Connor passed Jim Heiring jsut after 40 Km and went on to take the third spot in 4:11:03. Jim finished in 4:12:37. Vincent O'Sullivan and Wayne Glusker filled the next two spots. A week earlier, Marcel Jobin had become the first North American under 4 hours, winning the Canadian title in 3:54;50. . .Jobin also came first in the U.S. 10 kim race in 41:47.3, nearly a minute ahead of Chris Hansen. O'Connor and Steve Pecinovsky were next. Jobin repeated in the Zinn Memorial the next day with a 42:01, ahead of Ray Sharp's 42:49. Pecinovsky edged O'Connor for third this time. The races were in Chicago. . Sue Brodock waon the U.S. the U.S. 20 Km in 1;48:22, as Vicki Jones finished second and Lori Maynard third. . The men's 20 was held in Settle with O'Connor beating a relatively weak field in an excellent 1:26:26. John VanDenBrandt, Terry Lingbloom, and Al Halbur followed.
- 20 Years Ago (From the May 1985 ORW)—With heat slowing the times, Carl Schueler defended his U.S. 50 Km title in New York City. Carl's 4:18:07 left Marco Evoniuk better than 7 minutes back. Randy Mimm was another 12 minutes back; then came Dan O'Connor, Dan Pierce, and Bob Davidson. ..Jim Heiring won the National 5 Km in Denver in a swift 20:21. Dave Cummings had 20:40 to beat Tim Lewis (20:56) for second. Marco Evoniuk, Gary Morgan, and Todd Scully were next. Maryanne Torrellas (23:52) took the women's title ahead of Ester Lopez (24:25) and Teresa Vaill (24:50). ..At the Mexican Walkking Week, Martin Bermudez won the 20 Km in 1:23:50, Columbia's Querebin Moreno the 1 Hour with 14,270 meters, and Norway's Erling Anderson the 50 in 3:59:34. Sweden's Ann Jansson won the women's 20 Km in 1:36:37. ..China's Hong Yan had a women's world best of 44:14 for 10 Km, with 15 more of her countrywomen under 48 minutes in the same race. Two days later she did 21:43 for 5 Km, but was beaten by Jungjiy (21:42).
- 15 Years Ago (From the April 1990 ORW)—National 5 Km races were held in Bethany Oklahoma with Tim Lewis (21:06) and Teresa Vaill (22:45) winning. Dave McGovern and Ian Whatley were second and third in the men's race. Victoria Herazo and Susan Liers got the silver and brnoze in the women's race.
- 10 Years Ago (From the April 1995 ORW)—Chinese women completly dominated the World Cup 10 Km, held on their home turf in Beijing. They finished 1,3,4,12, and 25, beating Italy

by 16 points in the team race. (Are the Chinese on a 10-year cycle of brilliant, in-depth performances? See 20 Years Ago, above, and the last couple issues of the ORW.) Homgmiao Gao won the race in 42;19, 13 seconds ahead of Russia's Elena Nikolaeva. With Michelle Rohl in 34th (45:57) and Victoria Herazo 42nd, the U.S. women finished 14th. The Chinese men also did well, winning both races, taking four of the top 10 spots in the 20 and finishing third in the final standings (20 and 50 combined). Mexico was first and Italy second in the team standings. The 20 went to China's Zewen Li in 1:19:44, 14 seconds ahead of Russia's Mikhail Schennikov. Bernardo Segura was third for Mexico. In the 50, Yongsheng Zhao led all the way to win in 3:41:20 with Spain's Jesus Garcia 34 seconds behind. Finland's Valentin Kononen was third. The U.S. men finished 13th. Allen James was 40th in the 20 (1:35:54). Those two grand vets, Carl Schueler (29) and Marco Evoniuk (37) led the was at 50, finishing 42nd and 47th. Carl had 4:06:45. . . In a fast Penn Relays 10 Km, Herm Nelson won in 42::06, with the Szela brothers Kukasz and Wojiech) second and third in 42:15 and 42:55. Chad Eder had 43:02 and Tim Seaman and Curtis Fisher were also under 44. Eder had a 1:28:57 for 20 Km in Kenosha, Wis., beating Al Hepner (1:31:53). Debbin Lawrence had a 45:18 for 10 at the same venue.

5 Years Ago (From the April 2000 ORW)-In the Russian Championships, Valeriy Spitsvn had a world best for 50 Km with his 3:37:26 and Tatyana Gudkova bettered the World's best for the women's 20 Km by more than 2 minutes with her 1:25:18. Four others bettered the old record. The men's 20 went to Aleksandr Rasskazov in a swift 1:17:46, 30 seconds ahead of Vladimir Andreyev. . . In the Naumburg Grand Prix races, Germany's Andreas Erm covered 20 Km in 1:20:30 to beat China's Yunfeng Liu; China's Hongvu Liu won the women's 20 in 1:29:20, 6 seconds ahead of Australia's Kerry Saxby-Junna; and Viktor Ginko. Belarus, won the 50 in 3:47:53. In that men's 20, Curt Clausen was 15th in 1:28:43. Sean Albert had 1:31:12, Philip Dunn 1:31:58, Kevin Eastler 1:33:41, and Tim Scaman 1:37:13. On the women's side, Danielle Kirk did 1:35:46, Susan Armenta 1:38:14, Gretchen Eastler 1:40:24, Sara Standley 1:42:38, and Victoria Herazo 1:44:38. . . In a track race in Bergen, Norway, Ecuador's Jefferson Perez won in 1:22:08. In sixth was Andrew Hermann in 1:25:35 Kevin Eastler did 1:28:05, Scan Albert 1:30:42, and Philip Dunn 1:30:55. . . Two weeks later in Turku, Finland, Perez did 1:20:30 to beat Mexico's Alejandro Lopez (1:20:50) and Russia's Ilya Markov (1:20:53). Tim Seaman had 1:25:47 and Sean Albert 1:28:08 in that one. . . In the U.S., Michelle Rohl bettered her own U.S. best for 20 Km with a blistering 1:31:51 in Kenosha, Wis. Debbi Lawrence followed in 1:34:41 with Sara Stevenson third in 1:35:22. Stevenson won the NAIA 3 Km in a record 12:39.62 and had a 22:00.88 to win the Penn Relays 5 Km by nearly 40 seconds over Jill Zenner.